

### LINKING SENIORS WITH:

- AGING SERVICES
- MENTAL HEALTH CARE
- SUBSTANCE ABUSE TREATMENT
- SOCIAL SUPPORTS
- CARE MANAGEMENT



THE PHA PROGRAM IS

**FREE OF CHARGE .**

FOR MORE INFORMATION

PLEASE CALL (716) 285-3515



The Partnership for Healthy Aging in Niagara County is a unique collaboration between the Niagara County Department of Mental Health & Substance Abuse Services and the Niagara County Office for the Aging. The goal of this program is to assist individuals in Niagara County age 60 and older to remain safely in the community and also to help them to flourish by remaining connected with medical, behavioral health and non-medical supports in the community.

*Mobile Outreach include services provided by a **Older Adult Clinical Specialist** who can provide short-term in home therapeutic assistance as well as connect individuals to long term services, if needed.*



***Case Management** can screen and provide linkages for Aging Service needs that may include; nutritional support, personal care, transportation, financial stability, legal services and socialization.*

Feeling stressed?  
Overwhelmed?  
Depressed?  
Isolated?  
Anxious?



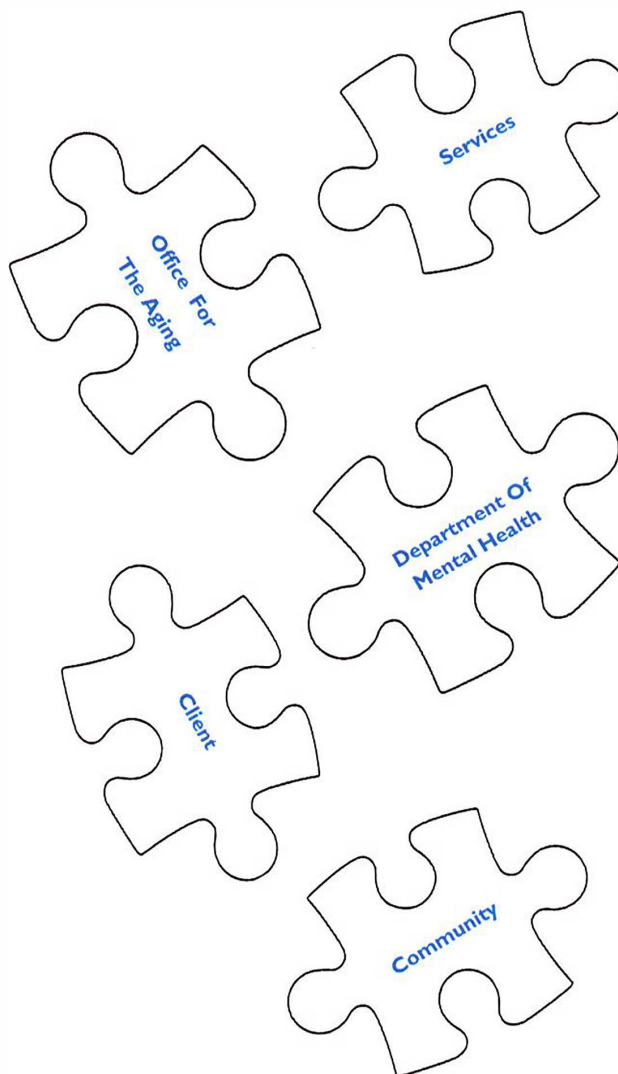
Are you having difficulties  
adjusting to a sudden change in;

A recent loss  
Health status  
Social status

Do you have...

Concerns with Substance abuse?

**WE CAN HELP !**  
**(716) 285-3515**



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[https://www.niagaracounty.gov/departments/  
m-r/mental\\_health\\_\\_substance\\_abuse/  
index.php](https://www.niagaracounty.gov/departments/m-r/mental_health__substance_abuse/index.php)

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Office of Mental Health

## **Partnership for** **Healthy** **Aging**

*Providing assistance to Niagara  
County seniors who struggle with  
mental health and/or substance  
abuse*

